



Informed Consent Form

I hereby request Reiki for myself and acknowledge that I fully understand the following statements:

- The Usui System of Natural Healing is a palms-on spiritual healing practice. Reiki is an ancient Japanese technique that uses Universal Life Force Energy to balance physical, mental, emotional, and spiritual subtle energies to promote healing and a deep sense of wellbeing. Reiki practitioners act as a conduit or channel through which Reiki energy travels. The intended result of receiving Reiki is to facilitate harmony and balance in the energy system creating an optimal environment for the body's innate tendency for natural healing to occur.
- During a Reiki treatment, I will lay fully clothed on a massage table, shoes are requested to be removed with socks or clean bare feet, covered in a sheet and/or blanket, listening to soothing music. The Reiki practitioner will deliver hands-on, structured touch, resting hands on the surface of my body in a series of positions to affect energy fields without pressure or manipulating soft tissue.
- If at any time I feel uncomfortable, it is my responsibility to verbally speak up to request the session to stop or alternatively use a hands-off hovering or remote distance technique.
- Reiki tends to feel warm and profoundly relaxing. I may feel the hands of the Reiki practitioner become hot or tingly. I may experience a floating sensation, see colors or shapes, fall asleep, or have an emotional release. There is no expected experience; Reiki is unique for each individual who receives it.
- Rochele Tillman does not interfere with any directions from a qualified Medical Physician. It is my responsibility to maintain a relationship with a Medical Physician. I have been encouraged to consult a licensed Medical Physician for any physical issues I may be experiencing. Reiki sessions are not diagnostic and they do not guarantee any cures.
- Rochele Tillman is not trained to diagnose illness, make recommendations involving pharmaceutical drugs or surgery, nor handle medical emergencies.
- Reiki complements and supports other traditional, medical, and health treatments. Reiki is not a replacement for traditional medical treatment. Reiki is a complementary alternative, holistic, health art form that works well alone as well as in harmony with other treatments.
- I grant Rochele Tillman and The Reiki Warrior permission and consent to use photographs and/or video taken before, during, and after my Reiki session, for purposes including but not limited to; publicity, copyright, archival, educational purposes, illustration, advertising, web content, and social media. I understand that there shall be no payment, royalties, fees, or other compensation for this release and authorize that this agreement may never be revoked.
- All of my questions have been answered to my satisfaction regarding Rochele Tillman's credentials and background, a Reiki session, and what I might expect from this session.

Except in the case of gross negligence or malpractice, I or my representative(s) agree to full release and hold harmless Rochele Tillman and The Reiki Warrior, from any and all claims of liability whatsoever, arising out of or in connection with any and all Reiki session(s). I hereby understand and agree to the aforementioned terms and conditions. By signing below, I fully consent to receiving Reiki and affirm that all documents have been filled out and completed honestly to the best of my knowledge.

Client Print Name

Client Signature

Date

Note: Please give at least 24 hours advance notice if you need to cancel. Your appointment time is reserved especially for you. If you do not cancel ahead or fail to arrive for your appointment, payment for the missed appointment is requested.